

Ms. Boitumelo Vavani is a licensed clinical psychologist and lecturer in the Department of Psychology at the University of Botswana, with over 16 years of experience in psychological assessment, behavioral interventions, psychotherapy, and mental health advocacy. Her work spans teaching, research, clinical supervision, mentorship, and community-based psychological services. Ms. Vavani's research focuses on the development of digital mental health and eHealth interventions, particularly self-help and guided therapeutic programmes addressing depression and psychological conditions associated with chronic illnesses such as HIV. She is currently developing online mental health support programmes for university students in Botswana. Within the RECLAIM Project, Ms. Vavani contributes expertise in psychological intervention design and resilience-building by developing training modules that support student well-being, educator preparedness, and emotional resilience in response to climate-related stressors and educational challenges.

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